

# THE GALLOPING HEN

SINCE 1984



## AN EGG-CELLENT DAY STARTS WITH US!

### VENTURA, CA

305 S BORCHARD DR,  
VENTURA, CA 93003

### THOUSAND OAKS, CA

3085 E THOUSAND OAKS BLVD,  
THOUSAND OAKS, CA 91362

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LET US KNOW HOW WE DID



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## OMELETTES

3 Egg Omelette Served with Your Choice of Cheese, Potatoes & Toast

Additional Add-Ons, Sides, Egg Whites Subject to Extra Charge

**#1 California** \$15.49  
Avocado, Spinach, & Cheese

**#2 Spinach, Mushroom & Cheese** \$14.99

**#3 Greek Omelette** \$14.99  
Red Onion, Spinach, Tomato, Feta Cheese

**#4 Bacon, Tomatoes, Onion, Spinach & Cheese** \$15.99

**#5 Western** \$15.75  
Ham, Bell Pepper & Onions  
Our Version of the Denver Omelette

**#6 Hawaiian Omelette** \$15.99  
Ham, Pineapple, Onions, Bell Pepper, Tomatoes, Mushrooms, & Cheese

**#7 Seafood** \$15.49  
Shrimp, Imitation Crab, Avocado & Cheese

**#8 Chile Verde** \$15.99  
Chunks of Pork with Spicy Tomatillo Sauce



**#9 Chile Colorado** \$15.99  
Chunks of Pork with Spicy Red Sauce

**#10 Veggie & Cheese** \$14.49  
Broccoli, Cauliflower, Mushrooms, & Tomatoes

**#11 Bacon, Avocado, & Cream Cheese** \$15.99

**#12 Chorizo Omelette** \$15.99  
Bell Peppers, Onions, Tomatoes, Sour Cream & Mix Cheese

**#13 Ventura** \$15.49  
Spicy Sausage, Onions, Bell Peppers, Mushrooms, & Cheese

**#14 Meat Lovers** \$15.99  
Sausage, Bacon, Ham & Cheese

**#15 Country** \$15.99  
Sausage, Bacon, Onions, Tomatoes, Bell Peppers, Mushrooms, & Cheese

## EGGS BENEDICTS

Our Original Hollandaise Sauce is made the Old Fashioned way from Scratch

**Our Original Eggs Benedict** \$15.99

Grilled English Muffin, Ham Steak, Poached Eggs, Topped with Hollandaise Sauce & Choice of Potatoes

**Country Eggs Benedict** \$15.99

Grilled English Muffin, Patty Sausage, Mushrooms, Poached Eggs, Topped with Hollandaise Sauce & Choice of Potatoes

**Eggs Florentine** \$15.99

Grilled English Muffin, Artichoke Hearts, Spinach, Poached Eggs, Topped with Hollandaise Sauce & Choice of Potatoes

**The Cali Benedict** \$15.99

Grilled English Muffin, Bacon, Tomatoes, Onions, Jalapenos, Avocado, Poached Eggs, Topped with Hollandaise Sauce & Choice of Potatoes



**Seafood Benedict** \$15.99

Grilled English Muffin, Shrimp, Imitation Crab, Poached Eggs, Topped with Hollandaise Sauce & Choice of Potatoes

## STAX AND THINGS



**Strawberry Waffles** \$15.99

Served with Two Eggs Your Way, Choice of Bacon or Sausage

**Belgian Waffle Breakfast** \$14.99

Served with Two Eggs Your Way, Choice of Bacon or Sausage

**Hen Pancake Breakfast** \$13.99

Served with Two Eggs Your Way, Choice of Bacon or Sausage

Add Chocolate Chips \$1.00



**Banana Nutella French Toast** \$16.49

Served with Two Eggs Your Way, Choice of Bacon or Sausage

**The French Connection** \$15.49

Served with Two Eggs Your Way, Choice of Bacon or Sausage

**Breakfast Sandwich** \$12.49

Ham Steak, Over-Hard Eggs & American Cheese on Sourdough Bread

**Oatmeal** \$8.99

Served with Brown Sugar & Raisins on the Side, Fruit, Choice of Toast

**Classic Full Stack** \$8.49

(3 Pancakes)

**Short Stack** \$6.99

(2 Pancakes)

**Feta Avocado Toast** \$12.75

Wheat Toast Topped with Avocado, Arugula, Feta Cheese, 1 Egg Your Way & Balsamic Vinegar, Choice of Potatoes or Fruit

**Avocado Toast** \$12.75

Wheat Toast Topped with Avocado, Tomatoes & 1 Egg Your Way, Choice of Potatoes or Fruit

**Croissant Sandwich** \$13.99

1 Egg Omelette, Bacon, American Cheese, & Mayo

## EGG SPECIALTIES



**Two Egg Breakfast** \$9.99

Two Eggs Your Way Served with Choice of Potatoes & Toast

**The American Breakfast** \$12.49

Two Eggs Your Way Served, Choice of Bacon, Sausage, or Hamburger Patty, Choice of Potatoes & Toast

**Biscuit Breakfast** \$11.99

Two Eggs Your Way, Biscuit, Choice of Bacon or Sausage, Fruit Add Gravy \$1.49

**Ham & Eggs** \$12.49

Two Eggs Your Way, Choice of Potatoes & Toast

**Huston Scramble** \$14.99

Egg Whites, Tomato, Spinach, Green Onion, Choice of Potatoes & Whole Wheat Toast

**Hen's Scramble** \$15.49

Bacon, Onions, Tomatoes, Mushrooms, Spinach, & Cheese, Choice of Potatoes & Toast

**Buckaroo** \$15.75

Grilled Biscuit, Patty Sausage, 2 Egg Omelette, Topped with our Famous Gravy, & Choice of Potatoes



**Chicken Fried Steak & Eggs** \$16.49

Topped with our Famous Gravy, Two Eggs Your Way, Choice of Potatoes & Toast

**Huevos Rancheros** \$15.99

Corn Tortilla Layered with Beans & Two Eggs, Topped with our House Ranchero Sauce & Mix Cheese, Served with Rice & Beans

**Chorizo & Eggs** \$15.75

The Best Homemade Chorizo in Ventura, Served with Rice & Beans, Choice of Tortillas

## CHEF SPECIALS

**Corned Beef Hash** \$16.49

Served with Two Eggs Your Way, Choice of Potatoes & Toast

**Sirloin Steak & Eggs** \$16.99

Juicy Steak Served with Two Eggs Your Way, Choice of Potatoes & Toast

**Steak Ranchero** \$16.49

Sirloin, Bell Peppers, Onions, Tomatoes, Served with Rice & Beans, Choice of Tortillas

**Home Fried Chicken & Waffles** \$16.49

Served with your Choice of Potatoes



**Galloping Enchiladas** \$15.49

Chicken Stuffed Tortillas Topped with a Homemade Red Enchilada Sauce, Served with Two Eggs Your Way, Rice & Beans

**Popular Breakfast Chilaquiles** \$15.99

Bottom Layered with Beans, Topped with Onions, Cilantro, Avocado, Queso Fresco, Sour Cream, & Two Eggs Your Way

**Chicken Wrap** \$13.49

Grilled Chicken Breast, Lettuce, Tomatoes, Avocados, Wrapped in a Flour Tortilla, Served with Fruit & Choice of Dressing

## BURRITOS

**Fernando's Breakfast Burrito** \$13.99

Three Eggs, Sausage, Ham, Bacon, Hashbrowns, Mix Cheese, Served with Salsa & Sour Cream on the Side

**Chorizo Burrito** \$13.99

Three Eggs, Homemade Chorizo, Hen Potatoes, Mix Cheese, Served with Salsa & Sour Cream on the Side

**Cali Burrito** \$14.99

Sirloin Steak, 2 Eggs Over Medium, Fries, Avocado, Pico de Gallo, Mix Cheese, Served with Salsa & Sour Cream on the Side

**Al Pastor Burrito** \$14.49

Marinated Pork, Rice, Beans, Onions, Cilantro, Served with Salsa & Sour Cream on the Side

## SALADS & SOUPS



**Chef Breakfast Salad** \$12.99

Mixed Greens, Bacon, Ham, Turkey, Hard-Boiled Egg, Cheese

**Chicken Salad** \$11.99

Mixed Greens, Grilled Chicken Breast, Tomatoes

**Cesar Salad** \$10.49

Mixed Greens, Parmesan Cheese, Croutons, Caesar Dressing

Add Chicken \$3.99

**Tuna Salad** \$12.49

Mixed Greens, House Tuna Salad, Avocado, Tomatoes

**Seafood Salad** \$13.99

Mixed Greens, Avocado, Tomatoes, Shrimp, Crab

Ask Team Hen for  
Soup of the Day

**Cup of Soup** \$5.99

**Bowl of Soup** \$6.99

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## SUPER SANDWICHES & BURGERS

### Hen Pesto Sandwich \$11.99

Grilled Chicken Breast, Tomatoes, Spinach, Pesto Sauce & Cheese

### BLT Supreme \$9.99

Bacon, Avocado, Lettuce, Tomatoes, & Mayo

### Tuna Melt \$11.99

Cheddar Cheese & Filled with our Homemade Tuna

### The B.A.T.H \$11.99

Bacon, Turkey, Ham, Tomatoes, Lettuce, Avocado

### Chicken Breast Special \$10.99

Grilled Chicken, Lettuce, Tomato, Jack Cheese & Mayo

### Turkey Supreme \$11.49

Turkey, Bacon, Tomatoes, Lettuce, Swiss Cheese & Mayo



### Jr's Bacon Cheese Burger \$11.99

Bacon, Lettuce, Tomato, Pickles Mayo, Choice of Cheese

### Mushroom Cheeseburger \$11.99

Lettuce, Tomatoes, Mushrooms, Pickles, Mayo, Swiss Cheese

### HBLT Burger \$12.99

Burger Patty, Bacon, Lettuce, Tomatoes, Avocado, Mayo, on Sourdough Bread

### Patty Melt \$12.99

Burger Patty, Grilled Red Onions, Swiss Cheese on Rye Bread

## A LA CARTE SIDES

### Biscuit & Gravy \$4.49

### Two Biscuits & Gravy \$6.49

### Side of Rice or Beans \$3.49

### Bowl of Chile Verde or Chile Colorado \$7.99

### Side of Bacon \$4.99

### Side of Link or Patty Sausage \$3.99

### Side of Hen Potatoes or Hashbrowns \$3.49

### Side of Corn or Flour Tortillas \$1.99

## DRINKS

### Coffee \$3.99

### Hot Tea \$2.99

### Hot Chocolate \$3.25

### Chocolate Milk \$3.49

### Milk \$2.99

### Iced Tea \$2.99

### Soft Drinks \$2.99

Coke, Diet Coke, Sprite, Raspberry Iced Tea, Coke Zero, Lemonade

### Juice \$3.75

Orange, Apple, Grapefruit, Cranberry, Tomato

## KIDS MENU (MUST BE 12 & UNDER) NO EXCEPTIONS

### Kids American Breakfast \$8.50

One Egg Your Way, One Bacon, One Sausage, Choice of Potatoes or Fruit

### Kids French Toast \$8.50

One Piece of French Toast Served with One Bacon, One Sausage, One Egg Your Way

### Kids Waffle \$8.50

One Kids Size Waffle Served with One Bacon, One Sausage, One Egg Your Way

### Kids Chicken Fingers \$8.50

Chicken Fingers served with Fries



### Kids Mickey Mouse Pancake \$8.50

One Pancake Served with One Bacon, One Sausage, One Egg Your Way

### Kids Grilled Cheese \$8.50

White Toast, Cheddar & American Cheese, Choice of Potatoes or Fruit